MEDT8007 Simulation methods in ultrasound imaging

Dynamic objects

Lasse Løvstakken

Department of Circulation and Medical Imaging Norwegian University of Science and Technology



Lecture outline

- Simple simulation of Doppler signals
 - Complex Gaussian signal model
 - Exercise 1
- Simulation of blood flow in Field II
 - Requirements and pros / cons
 - Exercise 2
- Analytic blood flow models
- Computational blood flow models
- Simulation of tissue movement using FUSK



Simulation of blood flow signal



Blood flow imaging modalities

- CW- / PW-Doppler
 - Estimates the complete spectrum of velocities within a small region of interest
 - Allows for in-depth analysis of blood flow characteristics
- Color flow imaging
 - Estimates the mean velocity and direction of blood in a two- or three-dimensional region of interest
 - Allows for easy identification of abnormalities manifested in blood flow patterns
- Contrast agent imaging
 - Improved signal-to-noise ratio
 - Microcirculation imaging



Blood constituents

- Blood consists mainly of three constituents
 - Red blood cells (erythrocytes), ~7um diameter
 - White blood cells (leukocytes), ~14um
 - Platelets, 1/1000 red blood cell surface
- There is typically 5 litres of blood in an adult human, ~8% of body weight
 - 1 000 000 red blood cells per microliter
 - 4 10 000 white blood cells per microliter
 - 250 450 000 platelets per microliter



Scattering properties of Blood

- Scattering size is much smaller the wavelength in ultrasound
 - Typical size ~6-8 µm
- Mainly Rayleigh scattering characteristics, uniform scattering which follows a power law of f⁴
 - Higher frequencies → substantially higher backscattering
- Blood scattering properties are complex and depend on *hematocrit*, turbulence, shear rates, ...



Blood scattering models

- A large collection of particle objects
 - Superposition can be applied to sum the backscattered wavelets from each red blood cell
- A random continuum
 - Scattering volumes consists of many red blood cells which has a given fluctuation in density and compressibility
- Hybrid model incorporation both the above
 - More accurate...more complex

None of the current models can predict all the scattering properties of blood, especially for low or high values of hematocrit, and in presence turbulence and shear forces Signal from a large number of red blood cells add up to a Gaussian random process



Definition of Complex Gaussian process

 $p(z) = \pi^{-N} |\mu|^{-1} e^{-z^T \mu^{-1} z}$

signal vector $z = z(1), z(2), \dots, z(N)$

Covariance matrix $\mu = \langle z^T z \rangle = \{ \langle z(k)^* \cdot z(n) \rangle \}_{k,n}$ $\langle - \rangle$ is expected value (ensemble average)

Note that: $\langle z(k) \cdot z(n) \rangle = 0$



Stationary complex Gaussian process

Autocorrelation function

$$R(m) \equiv \langle z(n) * z(n+m) \rangle m = 0, \pm 1, \pm 2, \dots$$

Power spectrum

$$G(\omega) \equiv \sum_{m} R(m) e^{-i\omega m} ; -\pi < \omega < \pi$$

Autocorrelation function = coefficients in Fourier series of G

$$R(m) = \frac{1}{2\pi} \int_{-\pi}^{\pi} d\omega G(\omega) e^{i\omega m}$$

The power spectrum of the Doppler signal represents the distribution of velocities within the blood vessel



The Doppler spectrum (sonogram)



Simulation of a Gaussian stationary process

Generating realizations of a complex Gaussian process

- 1. Generate complex Gaussian white noise $Z_n(0),...,Z_n(N-1)$
 - Randn-function
- 2. Shape with desired power spectrum: $Z(k)=sqrt(G(2\pi k/N) Z_n(k));$ k=0,..,N-1
- 3. Inverse FFT: z(n) = ifft(Z)

→
$$< |Z(w)|^2 >= G(w)|Zn(w)|^2 = G(w);$$
 for w= $2\pi k/N$

Power spectrum for z(n): (smoothed version of G(w))

$$G_{Z}(\omega) = \frac{1}{2\pi} \int_{-\pi}^{\pi} d\lambda |W(\lambda)|^{2} G(\omega - \lambda)$$

Autocorrelation function:

 $R_z(m) = Tri(m) \cdot R(m)$

13

Doppler signal model

 The Doppler spectrum may consists of three components, clutter c, blood b, and thermal noise n

x = c + n + b $x = [x(1),...,x(N)]^T$

- Typical clutter/signal level: 20 80 dB
- Signal from blood is characterized by a complex Gaussian process



Simplified Doppler signal model

- Gaussian correlation function $R(m) = 10^{SNR/10} e^{-\frac{1}{2} \left(\frac{m}{\sigma_2}\right)^2} e^{i2\pi f_d m} \qquad G(\omega) = 10^{SNR/10} \sqrt{2\pi} \sigma_2 e^{-\frac{1}{2} (\omega - \omega_d)^2 \sigma_2^2}$ $\sigma_2 = T_r / T_{prf} \qquad T_r = \frac{L}{V_r} = \frac{N_p \cdot c / f_0}{V} \qquad \text{L=pulse length in [m]}$
- White noise is delta-correlated

 $R_n(m) = \delta(n-m)$

Simulation example: Color Flow Imaging - estimator properties



Color Flow Imaging displays a *color coded map* of the *mean axial blood velocity* in a 2-D or 3-D region of interest

Acquisition and processing steps

- CFI data acquisition
- Clutter filtering (wall filtering)
- Doppler parameter estimation
- Display

Color Flow Imaging of a carotid artery stenosis

The autocorrelation estimator

In the autocorrelation approach, the following mean power and Doppler frequency estimators are used:

$$\hat{\mathbf{P}} = \hat{\mathbf{R}}(0) = \frac{1}{N} \sum_{n=0}^{N-1} z(n) z(n)^* = \frac{1}{N} \sum_{n=0}^{N-1} |z(n)|^2$$
$$\hat{\mathbf{f}}_d = \frac{\angle \hat{\mathbf{R}}(1)}{2\pi} = \frac{1}{2\pi} \angle \left[\frac{1}{N-1} \sum_{n=0}^{N-1} z(n)^* z(n+1) \right], \quad -0.5 \le \hat{\mathbf{f}}_d \le 0.5$$

In other words: The power, mean frequency of the Doppler spectrum can be found using magnitude and phase estimates of the correlation function at lags 0 and 1

Reference: C. Kasai, *Real-Time Two-Dimensional Blood Flow Imaging Using an Autocorrelation Technique*, IEEE Transactions on Sonics and Ultrasonics, vol. 32 pp. 458-464, 1985

Exercise 1

- Make a matlab script to generate the Doppler signal from blood moving at a given velocity
- Perform the autocorrelation approach to estimate the power and velocity
- Do the same for *N* signal realizations
 - Is the autocorrelation approach unbiased?
 - How does the variance vary with bandwidth (1/transit time)
- Add noise with sigma^2=1
 - SNR=30/5: Is the autocorrelation approach unbiased?

Simulation of blood flow in Field II

19

Imaging blood flow in Field II

 Blood is basically modeled as a large collection of point scatterers moving at given velocities and angles.



How many point scatterers are needed?

- Measure: Is the received signal amplitudes Gaussian distributed?
- Approximately 10 scatterers per resolution cell needed
- Resolution cell defined as radial sample volume x beam widths



www.ntnu.no

Advantages of Field II for blood flow simulations

- Realistic scan sequencing can be imposed
 - Each beam is formed separately
 - Pw-Doppler, CFI, beam interleaving, ...
- Realistic point spread functions
 - Spatially varying
- 3-D phantoms and simulations can be performed with relative ease
- Arbitrary and realistic transducers can be modeled
 - 1-D, 2-D arrays, annular, etc...
- Simulation times are actually not that high
 - Incorporating all tricks...

Limitations of Field II for blood flow simulations

- All the fundamental Field II limitations
 - Linear propagation
 - No reverberations or aberrations...
- · Point scatterers have no shape or inertia
 - Realistic properties of blood not incorporated
 - Not valid for very low or high hematocrit values
- Rayleigh scattering properties \rightarrow P ~ f⁴
 - A point scatterer does not exhibit frequency dependent scattering
 - Can be produced by filtering the received signal

Simulation accuracy

- Sampling frequency
 - Avoid phase jitter due to simulations inaccuracies
 - 100 200 MHz sufficient
 - Simulation time goes linear with sampling frequency
- Element subdivision
 - As for all Field II simulations
 - Every point scatterer should be in the far field of each mathematical element



Sampling frequency	Simulation time	Normalized simulation time
100 MHz	8 min	0.574
200 MHz	$14 \min$	1.00
400 MHz	$21 \min$	1.50
600 MHz	29 min	2.07
1000 MHz	48 min	3.42

Increasing simulation speed

 Exclude scatterers outside a region around the given beam



Color Flow Imaging simulation

- Simulation time: ~1 hour
 - Packet size = 10, marginally sampled (Rayleigh)



In vivo (radial artery)



Simulated image



Speckle correlation

• Varying out-of-plane angle





0 cm

30 deg





-0 degrees



Exercise 2

- Setup Field II for PW-Doppler acquisition
 - Single beam position (x=0), multiple firings at a given PRF
 - The dynamic phantom should be a single point scatterer moving at a velocity and angle through the focal point of the beam
- Field II specifics
 - Use the *calc_scat* function
 - Align the received beams in time using the start_time returned for each beam
 - Form the analytic Doppler signal: z(n) = RF + i*Hilbert(RF), then downmix to baseband for the final complex form
- Plot the Power spectrum of the final Doppler signal



Analytic blood flow models

Poiseuille flow model

- Established steady laminar flow in long cylindrical pipes is sometimes referred to as *Poiseuille flow*
- The fluid moves in a series of concentric shells for which the fluid viscosity leads to a parabolic velocity profile. At the vessel wall the velocity is zero
- When p=2 → parabolic flow, p=inf → blunt (rectangular)



$$v(r) = v_{max} \left(1 - \frac{r^2}{R^2} \right)^p, \quad p = 2$$

Womersley pulsatile model

- Similar assumptions as for Pouseuille flow, but solved for a sinusoidal pressure gradient
 - Laminar flow
 - Constant pressure gradient in space
 - Newtonian fluid
- Womersley solved for flow resulting from a sinusoidal pressure gradient input
- For a measured pressure or flow curve, the total flow or velocity field can be predicted by a Fourier decomposition of the input curve

Womersley pulsatile model

 The total solution is obtained by summing the contribution for each harmonic component of the input curve, resulting in a time-varying velocity profile



Single sinusoidal flow input

$$Q\cos(\omega t - \phi)$$

$$U(y, t) = \frac{1}{\pi R^2} Q |\psi| \cos(\omega t - \phi + \chi)$$

$$\psi = \left(\frac{\tau J_0(\tau) - \tau J_0(y\tau)}{\tau J_0(\tau) - 2\tau J_1(\tau)}\right) \quad \tau = \alpha i^{3/2}$$

(Jx: Bessel function of order 0/1)

Total solution

$$V(t) = V_0 + \sum_{p=1}^{\infty} V_p \cos\left(p\omega t - \phi_p\right) \quad U(y,t) = \left\{2V_0(1-y^2) + \sum_{p=1}^{\infty} V_p \left|\psi\right|_p \cos\left(p\omega t - \phi_p + \chi_p\right)\right\}$$

Computational blood flow models

Computational fluid dynamics

- Computational fluid dynamics (CFD) uses numerical methods to analyze fluid flows
- Input to CFD is a 3-D geometrical model and flow and/or pressure inlet and outlet conditions
- The flow domain is divided into a grid of control volumes where flow variables are calculated and propagated for each grid point

CFD simulation of flow around artificial heart valves



CFD simulation of flow in a carotid artery



Animations: http://www.realcfd.com

www.ntnu.no

Validation of new algorithms using computational fluid dynamics



35

Input boundary conditions

3D reconstruction carotid

36







Outflow division: 45% external-55% internal

CFD simulation



www.ntnu.no

³⁷ Creation of CFD phantom

3D Spatial interpolation:

Matlab procedure: direct 3D interpolation from unstructured CFD grid not possible



Using structured grid, 3D interpolation to random points (x) is possible!

www.ntnu.no

³⁸ Creation of CFD phantom

Temporal interpolation:

CFD time scale >> ultrasound time scale



³⁹ Creation of CFD phantom



Example: A carotid bifurcation

- An in vitro silicon model was made based on MR images (1.5T) of a healthy subject
- Plaque was artificially inserted into the internal carotid to create a stenosis
- The silicon model was scanned by CT, and a CFD simulation mesh created from this volume data
- Flow inlet conditions were extracted from ultrasound Doppler measurements



Carotid bifurcation modeling

 A 3-D model of a carotid artery bifurcation was made from silicon model based on MR-images of a healthy subject. Eccentric plaque was added artificially, creating a stenosis.



Carotid CFD simulations



Point target phantom for ultrasound

www.ntnu.no

Color flow imaging simulation





www.ntnu.no

Color flow imaging simulations



Lateral direction in cm

Simulations can reveal the shortcomings of Doppler methods

44

PW-Doppler simulations



PW-Doppler simulations from the three branches of the carotid bifurcation



